



Our Mission:

Our purpose is to show warmth and caring, to encourage the personal growth of each mom, to assure her that she matters and that what she does matters, by meeting her distinct needs to the glory of Jesus Christ.

MOPS typically meets the 1st and 3rd Fridays of the month (September - May)

- 8:45 am drop off kids in classrooms refreshments
- 9:00-9:10 welcome
- 9:10-10:20 speaker
- 10:20-11:10 small group and crafts
- 11:15 am pick up kids from class



Steering Team

Coordinator & Publicity

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MOPPETS

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Creative Activities

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Hospitality

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Finance & Registration

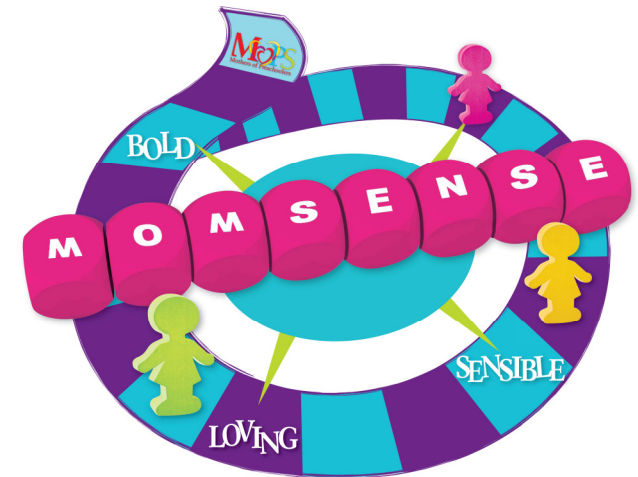
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Better Moms Make A Better World

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What Is MOPS?

Mothers of Preschoolers (MOPS) is a group of moms, wives, nurturers, and friends who are just like you! The morning program includes:

Time Out for Mom

Up late last night trying to get your children to sleep? Your MOPS morning starts with coffee, juice and a delectable assortment of treats. You don't have to try to feed yourself before you come!

Fabulous Speakers

Through instructive talks, heartfelt faith stories and funny anecdotes from other moms "in the trenches," our topics explore parenting, marriage, communication, personal discipline, and emotional needs. Our speakers offer information that is relevant to the life of a mother.

Small Groups

Some days you are able to juggle many balls in the air and other days you feel them crashing all around you!! The intimate and accepting atmosphere of a small group offers you and other moms a chance to share your "you'll never believe what my child did" stories, questions and concerns. Feel like you don't know who you are this week? You can get a fresh perspective on your very important job as "mom!"



Have Fun!

Creative Activities

Bring home your own show and tell -- or at least a MOPS craft! You are given the opportunity to make a craft during some of the morning programs. Through craft projects, women are encouraged to experience the sense of accomplishment that comes with trying and finishing new things.

Time to Socialize

- Mom's Night Out
- Small Group Events
- Play Dates
- Christmas Brunch (during MOPS)
- Spring Brunch (during MOPS)
- Summer MOPS Beach Days



MOPPETS (Infant - K)

When you are at MOPS, we want you to feel comfortable with your children in their classrooms and to know that they are enjoying their morning as much as you are! Our MOPPETS program is designed to give you a well-deserved break!

The MOPPETS curriculum provides your preschooler with a full morning of activities, including story time, singing, crafts, snacks and gym time. The infant and toddler nurseries are staffed with wonderful caregivers who play with the children, give them snacks and keep them on their nap schedule if requested.

The following classrooms are available:

Infants
 Toddlers
 2 year olds
 3 year olds
 4 year olds
 5-6 year olds

If you know of a friend, neighbor, relative, or college student who would be interested in assisting our MOPPETS program, please contact us at MOPS@lefc.com. MOPPETS staffers are paid positions with a commitment of two mornings each month.

For more information about our MOPS program, go to
www.lefc.com/mops.asp